



Ideas for Your Mitzvah Project

♥ **Adopt a Night-** Raise money however you can to sponsor a family's stay at the Ronald McDonald House for a day, a week or a month. Gifts to Adopt a Night directly support families who are overwhelmed with unexpected medical bills, have low income, or recently lost or left employment in order to spend time with their seriously ill child. Here are some great ideas on how to raise money for Adopt a night:

- **McJeans Day-** Encourage your principal and teachers to institute McJeans Day where classmates can contribute money for wear jeans for the day!
- **Untuck for a Buck-** Encourage your principal and teachers to institute an Untuck for a Buck day where students can contribute a dollar to untuck their uniform shirts!

♥ **Mailbox/Cubbies-** Each family has a mailbox / cubby that can be stuffed with gifts from our community. It's such a wonderful treat for the families to see their cubbies filled with goodies when they come back from the hospital—it really brightens their day! Be creative. Think of something you would like to receive or something you would want to send to a loved one.

♥ **Pull Tab Collection-** Recycling the pull tabs from your beverage cans is a fun and easy way to become involved with the House. Over the years, it has proven to be one of our most popular fundraisers! The little tab used to pull open your can of soda can make a HUGE difference for the families staying at the Ronald McDonald House. The money received from recycling pull tabs helps support the Ronald McDonald House by providing fuel for our shuttle that takes families to and from the hospitals. Just start by collecting the tabs; then store them in any handy container with one of our RMH labels, which we can email to you. When they are full, just drop off or mail the tabs to us at 635 West Lexington Street, Baltimore, MD 21201.

♥ **The Welcome Project-** In December of 2010 Tyler Meagher and Payton Sanchez started The Welcome Project. The goal for this project is to provide a handmade blanket for each patient who stays at the Ronald McDonald House, hoping it will make them feel a little bit more at home. When a patient checks into the Ronald McDonald House, he or she will be welcomed by a handmade blanket. With your help, we will be able to provide blankets to every patient who comes through our doors. You do not need to be creative or crafty to tie together a cozy fleece blanket. To make a blanket you need 2 pieces of fleece that are each 1¾ yards (using one print piece and a matching solid makes a very cute blanket). For more info or instructions, check out www.thewelcomeprojectmd.blogspot.com

♥ **“Our Journey” Journal-** Writing in a journal can help people through the toughest of times. That's why we want to provide our families with an “Our Journey” Journal, in which they can write about their time at the Ronald McDonald House and their entire journey. They can carry it with them, take it to the hospital, and take it home when they leave. You can help by decorating journals for our families, so they have a handmade, one-of-a-kind journal. You can paint it, make a collage on it, or customize it in any way to make it special.