



RMHC
Maryland

How Your Scout Troop/Youth Group Can Help

♥ **Adopt a Night**- Raise money however you can to sponsor a family's stay at the Ronald McDonald House for a day, a week or a month. Gifts to Adopt a Night directly support families who are overwhelmed with unexpected medical bills, have low income, or recently lost or left employment in order to spend time with their seriously ill child.

♥ **Mailbox/Cubbies**- Each family has a mailbox / cubby that can be stuffed with gifts from our community. It's such a wonderful treat for the families to see their cubbies filled with goodies when they come back from the hospital—it really brightens their day! Be creative. Think of something you would like to receive or something you would want to send to a loved one. Here are some examples of great cubby stuffers:

- **Handmade Gifts**- If you're feeling crafty, make stuffed animals, picture frames, greeting cards or any other creations to brighten our families' day.
- **Small Gifts**- individually wrapped snacks or toiletries always make a great gift!
- **Snack bags**- Fill gift/lunch bags with water, juice boxes, chips, fruit snacks, granola bars or other non-perishable food items. Families can take these with them to the hospitals for a mid-day treat!
- **Child Activity Bags**- Fill gift/lunch bags with crayons, markers, stickers, activity pads, coloring books or other fun activities.
- **Adult Goody Bags**- Fill gift/lunch bags with pens, pencils, paper, note cards, crossword or other puzzle books, or other gifts just for parents.
- **Notes**- Write notes of encouragement to the families and children staying at the Ronald McDonald House.

Please keep in mind that all goodies must be new. We encourage volunteers to bring enough items to stuff 36 cubbies.

♥ **Pull Tab Collection**- Recycling the pull tabs from your beverage cans is a fun and easy way to become involved with the House. Over the years, it has proven to be one of our most popular fundraisers! The little tab used to pull open your can of soda can make a HUGE difference for the families staying at the Ronald McDonald House. The money received from recycling pull tabs helps support the Ronald McDonald House by providing fuel for our shuttle that takes families to and from the hospitals. Just start by collecting the tabs; then store them in any handy container with one of our RMH labels, which we can email to you. When they are full, just drop off or mail the tabs to us at 635 West Lexington Street, Baltimore, MD 21201.

♥ **The Welcome Project**- In December of 2010 Tyler Meagher and Payton Sanchez started The Welcome Project. The goal for this project is to provide a handmade blanket for each patient who stays at the Ronald McDonald House, hoping it will make them feel a little bit more at home. When a patient checks into the Ronald McDonald House, he or she will be welcomed by a handmade blanket. With your help, we will be able to provide blankets to every patient who comes through our doors. **To make a blanket you need 2 pieces of fleece that are each 1¾ yards (using one print piece and a matching solid makes a very cute blanket).** For more info or instructions, check out www.thewelcomeprojectmd.blogspot.com