



Helpful Hints Checklist for Your Awesome Activity Hour

RMHC[®]
Maryland

What You Need to Know:

- ♥ We GREATLY appreciate you visiting our House to help our children and families.
- ♥ Activity hours begin at 7:00 p.m. seven days a week. Groups can arrive earlier to set up for their activity.
- ♥ We recommend no more than 10 people hosting an activity hour on any given night. Children under the age of 16 must be accompanied by an adult at all times.
- ♥ Our House is inter-denominational. Please, no religious overtone or inference should be used or made in the activities.
- ♥ Groups are encouraged to be creative and bring new activities to the House.
- ♥ Please do not use latex balloons as part of your activity. Some children are very allergic to the latex.

What to Do Ahead of Time:

- Groups must confirm the activity they are doing. Please call the Director of Volunteer Engagement, with your activity so we can share the plans for the night with our families to get them excited and encourage participation.
- Cancellations should be made as early as possible, so we can properly notify the families.
- Make a flyer promoting your activity. You can e-mail us a copy or send us a stack of 55 flyers and we will personally put them in our families' cubbies!

What to Bring With You:

- Your AWESOME activity and all materials and people for about 10-15 children.
- Bring Music- a CD or IPod with player (optional- our families love it!)
- For arts and crafts, a thick vinyl table cloth to use. The dimensions are as follows:
 - Rectangular: 120" x 48"
 - Round: 60"

What to Do When You Get Here:

- Park in our garage which can be accessed on Baltimore St. Pull in under the "Welcome Home" sign and ring the bell on the gooseneck – the receptionist will open the gate for you.
 - Please park on the second level, leaving spaces on the first level available for families. Parking in the garage may be limited; there is also on the street parking available in front of the House, on Aisquith St.
- Take the elevator to the 1st floor and walk to the Welcome Desk, located just past the grand staircase to the left.
- Upon arrival, groups must sign in at the Welcome Desk and get their yellow volunteer bracelet.
- If you will be doing an arts & crafts project with the children, please get a vinyl table cloth for the kitchen table (available for long rectangle table and round table) from the Welcome Desk. At this

time we do not have an arts and crafts table in the playroom, and we want to keep our dining room tables in wonderful condition! 😊

What to Do Before You Leave:

- Groups are responsible for the clean-up and return of any supplies used in the activity hour.
- Make sure to leave the House by 9:00 p.m. because that is when quiet time for our families begins.

Ideas for an Activity Hour- These are only suggestions. We LOVE new and creative ideas!

Face Painting

Bingo Night

Movie Night

Karaoke Night

Video Game Night

Arts and Crafts- Be Creative!

For cancellations, confirmations, scheduling and any other concerns or inquiries about the volunteer program please contact Kim Davis at kdavis@rmhcmaryland.org • 410.528.1010 x 117